

Attachment

Resources to Support Concussion Safety in Schools

Resource	Purpose	Audience
Concussion safety posters	Promotes concussion awareness* in schools for Rowan's Law Day	Schools and school boards
Concussion awareness e-booklets	Supports review of concussion awareness* resources by those involved in interschool sports (or amateur competitive sports) Available in multiple languages and by age group (10 and under, 11-14, 15+)	Students, athletes, parents/guardians, coaches, trainers, officials, school staff involved in interschool sports/amateur competitive sports
Concussion awareness videos	Supports review of standardized concussion awareness* resources by those involved in interschool sports (or amateur competitive sports)	Students, athletes, parents/guardians, coaches, trainers, referees, school staff
Concussion awareness e-learning module	These resources include similar content as e-booklets above, formatted differently to accommodate different learning styles	Students, athletes, parents/guardians, coaches, trainers, referees, school staff
An updated Ophea concussion e-learning module for school staff	Supports schools/school boards with concussion training* for school staff	Educators, administrators, and support staff
Sample concussion code of conduct templates (for school boards)	Supports review of a concussion code of conduct* by those involved interschool sports (content consistent with codes for sports sector, see below)	Students, parents/guardians, coaches, trainers involved in interschool sports
Sample concussion code of conduct templates (for sport organizations, included here for your information)	Supports review of a concussion code of conduct* by those involved amateur competitive sports (content consistent with codes for education sector, see above)	Athletes, parents/guardians, coaches, trainers involved in amateur competitive sports
Updated Concussion Protocol (for school boards)	Supports schools/school boards to establish a process for concussion identification and management* (i.e., Return to School Plan) with information and templates (e.g., sample medical assessment templates, sample medical clearance templates, etc.)	Educators, administrators, and support staff
Updated Concussion Protocol's Sample Home Concussion Management Form and Sample School Concussion Management Form	Supports schools/school boards to establish a process to document and track* a student's progress from the removal from an activity due to a suspected concussion through the Return to School.	Educators, administrators, and support staff
Concussion online learning modules for students with accompanying teacher guides <i>Please contact Ophea at info@ophea.net to obtain a copy.</i>	Supports education and awareness amongst students.	Students (Grade 6 and 9), educators
Rowan's Law Day Toolkit for Schools	Helps schools and classrooms recognize and plan for annual concussion awareness events for students on or around Rowan's Law Day (last Wednesday of September)*.	Schools

*Requirements under PPM 158 that applies to school boards, school authorities, and provincial and demonstration schools.

Links current as of September 18, 2023