

Program: TLDSB Imagine Canada 2017

Day 1: Truth

The first day of the program is focused on developing the participants' understanding of their individual strengths and areas for improvement. Activities will be focused on challenging participants to reflect on why they are at the retreat, what they stand for as individuals, and what changes they would like to make. This is also an opportunity for participants to get to know one another and the Me to We Facilitators better through team building exercises.

Time	Activity	Objective	Notes / Roles
11:30 – 12:00	Arrival	Participants arrive and are welcomed by Leadership Centre staff and facilitators. Students can unpack and check in to their rooms.	
12:00 – 12:30	Official welcome by Me to We Facilitators, TLDSB and opening Prayer by Elder(TBD)	Introduction to the Centre and staff Overview of camp rules and expectations & Introduce objectives of program & 7 Grandfathers Bracelets and it's meaning	To cherish knowledge is to know WISDOM To know LOVE is to know peace To honor all the creation is to have RESPECT To face life with courage is to know BRAVERY. To walk through life with integrity is to know HONESTY HUMILITY is to know yourself as a sacred part of creation TRUTH is to know all of these things.
12:30 – 1:15	LUNCH		
1:15- 1:45	Large group energizer & Kahoot Intro	Participants will interact with each other as a large group through a fun activity.	Kahoot Poll on previous FNMI Knowledge
1:45- 3:30	Divide into break out groups - Introductions - Name games - Goals/ temperature check - Community Code - Team builder	Participants will divide into their break out groups and meet their facilitators. To create an optimal learning environment, facilitators will establish a Community Code in which everyone is comfortable to participate. Team building exercises will also bring them closer as a group.	Bead: Respect Team builder: Outside – weather permitting

3:30-3:45	Break		
3:45 – 5:00	Blanket Exercise	Promote participants to fully understand the history of Canada and their role today.	Bead: Wisdom
5:00-5:15	Energizer/Break	Interactive and high energy activity	Outside – weather permitting
5:15 – 6:00	DINNER		
6:00–7:00	Large group : Cross the Line	Get participants to recognize the similarities between each other and start to speak about sensitive situations.	Bead: Honesty
7:00 – 8:00	Interactive Art workshop: Connecting the dots of Canada’s History	Learning about Indigenous and Non Indigenous artists and the impacts of art on Canada- putting into practice pointillism painting	Legacy Piece Intro
8:00 – 8:15	Break / Snack	In break out groups, facilitators will debrief the day with participants. Time to also prep them on next day’s agenda.	
8:15 – 9:00	Breakout Groups	In break out groups, facilitators will debrief the day with participants. Time to also prep them on next day’s agenda	
9:00 – 10:00	Prepare for Bed / Supervised free time in JQ	Chaperones in charge of students bedtime preparation Lights out – 10pm	

Day 2: Reconciliation

Participants will build on their knowledge about communication and privilege. Focus will be placed on developing leadership skills such as public speaking, and developing a personal action plan with the assistance of Me to We Facilitators as well as taking part in cultural activities.

	Activity	Objective	Roles
8:00 – 8:45	Breakfast		
8:45 – 9:00	Energizer	To refocus and engage the group	

9:00 – 10:30	Break out Groups: Team building & Communication	Fun team building exercise. Allows participants to understand the way that they are perceived and the way they might judge others. Students will develop skills around how to communicate effectively (one way communication, candy land, 64 squares, blindfold ninja, building bridges)	Teambuilder: Win as much as you can – focus on conflict resolution.
10:30- 11:30	Identity Pack – group	Participants will explore the different identities and that all of us have and the power that we have as leaders to build an inclusive culture, placing a focus on the value of diversity. Focusing on being more than just Indigenous or Non-Indigenous.	Bead: Humility
11:30- 12:30	Legacy Piece work	Time to work on the dot painting legacy piece & artist statement to the next group from TLDSB to do Imagine Canada	
12:30 – 1:15	Lunch		
1:15 – 2:15	Indigenous Perspectives	Allows participants to learn more about their perspectives and others around them.	
2:15 – 3:00	Choice time	Please make sure that you are supervising the break and providing choices of activities (sport, art, ect.) Ideally pax are not in JQ at this time	Indoor & Outdoor options – weather permitting
3:00- 4:30	Large Group: - Skill building activity: Public Speaking, I have a Dream - Action Planning: Body Module	Give participants the skills to create and deliver their own “I have a dream” speech.	Bead: Bravery
4:30- 5:30	Outdoor time	Capture the flag or time to run around	
5:30 – 6:15	DINNER	Please announce that participants needing to pack up all belongings before breakfast. Also, confirm whether educators will need	(Potential to be a cultural dinner)

		support before breakfast with building sweep.	
6:15 – 7:15	TRC Module	Designed to have participants start thinking about how to include pieces of the TRC Calls to action into place	Bead: Truth
7:15 – 9:00	Break out groups <ul style="list-style-type: none"> - Group Action planning - Debrief Day 	Participants will have time to begin action planning Participants will be able to reflect on the challenges of balancing the small details and the big picture, deciding what is really important.	(Must do S.M.A.R.T)
9:00 - 10:00	CAMPFIRE with Elder	Participants have the opportunity to be a part of storytelling with community Elder.	Share Action Plans around the fire
10:00	Prepare for Bed	Chaperones in charge of students bedtime preparation	
11:00	Lights out		

Day 3: Action and Celebration

Participants will have a chance to celebrate their learning over the course of the program. This is an opportunity for participants to not only recognize their personal successes, but to recognize the success of others and to commit to supporting one another in the completion of their action plans.

	Activity	Objective	Roles
8:00 – 8:45	BREAKFAST		
8:45 – 9:00	Energizer!	To start the day and prepare students' mind and bodies for learning.	
9:00- 10:00	Letter Writing Campaign	Focusing on writing letters to someone who has been or can make positive change in spirit of reconciliation ex: Gord Downie or J.T	
10:00 – 11:00	Legacy piece	Final chance to work on legacy piece – will be presented at lunch along with artist statement	
11:00- 12:00	Break out Groups & large group affirmation circle	Students will have a chance to express how others in the group have inspired them/ what they	Bead : Love

		have learned throughout the workshop.	
12:00 – 12:45	LUNCH	Students have the chance to celebrate the weekend	Picnic lunch Outside – weather permitting
12:45 – 1:00	Final Closing	Thank yous & closing	
1:00	Group Departs		

*** PROGRAMMING IS DESIGNED TO BE FLEXIBLE AND IS SUBJECT TO CHANGE***