



We're On the Lookout for recipes that are **Good2GO!**

All across Ontario students are cooking up solutions to get healthy, delicious, local food into their cafeterias... and we're looking for the cream of the crop.



The Royal Agricultural Winter Fair in partnership with FoodShare Toronto invite teams of 4 students from high schools across Ontario to enter their best recipes into the second annual *Royal Winter Fair High School Chef Competition*.

Schools are invited to submit recipes that meet the following criteria:

- feature local, in season Ontario produce
- work as an easy, fast food option for high school cafeterias
- meet the Province of Ontario's School Nutrition Standards (PPM-150)
- demonstrate creativity and culinary prowess
- reflect Ontario's culinary diversity
- look, taste and smell delicious

Applicants are requested to submit an original photo of their creations alongside the recipe submission. \$300 travel subsidy provided to 3 winning teams.

Plan it · Cook it · Snap it!

Recipes must be submitted by

**5pm on Friday
October 21, 2016**

email your recipe to:
royalrecipes@foodshare.net

#RoyalGood2GO!

Attention Competitors!

On October 28th, our committee of chefs will announce three schools as finalists.

On Tuesday November 8th our competing teams will travel to the Royal Winter Fair and square off from 12:00pm to 2:00pm in front of a panel of celebrity judges for a chance to win great prizes and the title of Royal Culinary Champions.

Prizes include

- having winning recipes published
- some great kitchen tools
- a Royal Winter Fair Rosette to display at in your high school cafeteria
- Iron Chef bragging rights
- *and much more!*



For more information or to submit your recipe please contact us at royalrecipes@foodshare.net

#RoyalGood2GO!

The Royal[™]
AGRICULTURAL WINTER FAIR

Funding provided by



Vegetables donated by



 **FoodShare**